

## FY24 La Casa Logic Model

### Agency Strategic Goals:

- Goal #1: Strengthen and expand our services and housing programs to help end homelessness in the D.C. metro region.
- Goal #3: Steward and strengthen our relationships with our government partners to ensure effective service delivery, improve the services experience, and support our system’s collective efforts to end homelessness.

### Division/Program Goals:

- Goal 1: Help residents maintain stable housing.
- Goal 2: Help residents increase self-sufficiency.
- Goal 3: Help residents improve their quality of life, including physical and mental health.

INPUTS/RESOURCES	ACTIVITIES	OUTPUTS	SHORT TERM OUTCOMES	INTERMEDIATE OUTCOMES	LONG TERM OUTCOMES
<p>Financial Resources</p> <ul style="list-style-type: none"> <li>• Public funding through DHS and TCP contracts</li> <li>• Private funding, which offer flexible funds to support program and resident needs outside of contract funding</li> <li>• Escrow accounts for residents</li> <li>• Brex cards</li> </ul> <p>Personnel</p> <ul style="list-style-type: none"> <li>• 10 FTEs, 2 PTEs</li> <li>• 24-hour staff coverage of the La Casa building 24/7/365</li> <li>• Program volunteers (e.g., academic, medical, etc.)</li> </ul> <p>Security Systems</p> <ul style="list-style-type: none"> <li>• External door locks that require fob access</li> <li>• Internal cameras in high-traffic areas</li> </ul> <p>Technology: staff cell phones, landline phone, computers/laptops</p> <p>Transportation: Metro cards for residents, agency vehicle(s)</p> <p>Janitorial Services: Rise and Shine Cleaning Services</p> <p>Donations: free meals, clothing, books, adult diapers, hospital mats</p> <p>Laundry Products: detergent pods, dryer sheets</p> <p>Sanitary Products: toilet paper, soap, disinfectant wipes, toothpaste and toothbrushes, dish liquid, deodorant, shaving foam/cream</p>	<p>Conduct comprehensive case management services, including but not limited to:</p> <ul style="list-style-type: none"> <li>• Home visits, office visits, and visits in the community</li> <li>• Wellness checks</li> <li>• Service plan development/updating and implementation</li> <li>• Biopsychosocial (BPS) assessments</li> <li>• Referrals to community supports and programs, as needed</li> <li>• Ongoing assessment of mental health and physical well-being through collaborations with CSWs at partner community providers</li> <li>• Referrals to support services, including home health aids, community support workers, etc., as needed</li> <li>• Support with vital documents</li> <li>• Assistance with Medicaid recertification</li> <li>• Help with basic and emergent needs as they arise</li> </ul> <p>Facilitate Group Sessions/Activities:</p> <ul style="list-style-type: none"> <li>• Life Skills Group</li> <li>• Mental Health Group</li> <li>• Substance Use Group</li> <li>• Art Therapy</li> <li>• Gardening on the patio</li> </ul> <p>Conduct surveys, including TCP Client Satisfaction Surveys</p>	<p>Up to 40 residents stably housed at La Casa</p> <p>2 contacts per month per resident for Stabilization, including at least one face-to-face and one other type of contact</p> <p>1 Life Skills Group session per week</p> <p>1 Mental Health Group session per week</p> <p>1 Substance Use Group session per week</p> <p>1 Art Therapy session per week</p> <p>1 engagement per week with CSWs for applicable residents</p> <p>2 Client Satisfaction Surveys implemented per year</p>	<p>At least 80% of residents demonstrate understanding of substance use prevention</p> <p>At least 80% of residents demonstrate understanding and acceptance of mental and behavioral health</p> <p>At least 80% of residents demonstrate understanding the importance of health and preventative medical care</p> <p>At least 75% of residents demonstrate increased skills in reducing health risk behaviors</p> <p>At least 80% of residents demonstrate increased ability to maintain housing and maintain cleanliness</p>	<p>100% of participants maintain stable housing</p> <p>80% of participants demonstrate healthy behaviors such as:</p> <ul style="list-style-type: none"> <li>• longer periods of sobriety and abstinence,</li> <li>• greater compliance and consistency with psychiatric medicine,</li> <li>• connection and involvement with other providers. – mental health and substance use programs, medical care, etc.</li> <li>• compliance with Medicaid recertification and/or other related medical coverage</li> </ul> <p>100% residents have increased life satisfaction</p>	<p>All residents achieve housing stability, greater self-sufficiency, and improved quality of life as a result of receiving case management services through La Casa/Friendship Place</p>